



### Kilimanjaro Adventure Challenge 2009

- Kili[MAN]
- Kili[MAN-Team]
- Kili[MAN-Buddy-Team]
- Kili[Bike&Run] + Kili[Bike]
- Kili[Climb&Run] + Kili[Climb]
- Kilimanjaro Marathon

Beside the challenge Kili[MAN] there is a possibility to compete in a team of 3, or start small and bike only or come to the Kilimanjaro Marathon, even if you finish in 6 hours. If you are looking for team members ... set up a "Buddy Team"! The foreign members of the teams are asked to sponsor at least one Tanzanian member to join their team. The aim of this is to allow Tanzanian athletes a chance to participate in this event, at a low price.

#### Description of the competitions

<b>Period</b>	<b>Competition</b>	<b>Cost*</b>
<b>19.02. – 02.03.2009</b>	<b>Kili[MAN]</b> - Ascent Kilimanjaro via Machame route - Two day mountain bike race around Kilimanjaro (246 km) - Kilimanjaro Marathon - 1 participant + 3 disciplines	USD 2575
<b>19.02. – 02.03.2009</b>	<b>Kili[MAN-Team]</b> - Ascent Kilimanjaro via Machame route - Two day mountain bike race around Kilimanjaro (246 km) - Kilimanjaro Marathon - 3 participant + 3 disciplines 19.02. – 02.03.2009, hiker: 26.02. – 02.03.2009, biker: 28.02. – 02.03.2009, runner: - Support your cyclist in the finishing area and your runner during the marathon. Vehicles can be hired	USD 2140 USD 795 USD 400
<b>26.02. – 02.03.2009</b>	<b>Kili[Bike&amp;Run]</b> - Two day mountain bike race around Kilimanjaro (248 km) - Kilimanjaro Marathon - 1 participant + 2 disciplines	USD 865
<b>26.02. – 02.03.2009</b>	<b>Kili[Bike]</b> - Two day mountain bike race around Kilimanjaro (246km) - 1 participant + 1 discipline	USD 795
	<b>Kili[Climb]</b> - Ascent Kilimanjaro via Machame route 1 participant + 1 discipline	USD 2000
	<b>Kili[Climb&amp;Run]</b> - Ascent Kilimanjaro via Machame route - Kilimanjaro Marathon 1 participant + 2 disciplines	USD 2385
<b>28.02. – 02.03.2009</b>	<b>Kilimanjaro Marathon</b> - Kilimanjaro Marathon - 1 participant + 1 discipline	USD 400
	<b>Kili[MAN-Buddy-Team]</b> Hiker: Biker: Runner: Buddy team members costs are being substantially subsidised by the sponsor, and also benefit from local park fees (about 1.5 % of what foreigners pay!)	USD 830 USD 120 USD 30

**\*Service included:**

<b>Competition</b>	<b>Service included</b>
<b>Kili[MAN] + Kili[MAN-Team]</b>	<ul style="list-style-type: none"> <li>- Shuttle bus transfer from Nairobi or private transfer from Kilimanjaro Airport. Arrive in Nairobi before 12h00 in order to make the transfer to Moshi</li> <li>- Overnight at a hotel in Moshi with dinner, bed and continental breakfast included</li> <li>- Pasta dinner before bike marathon and before Kilimanjaro Marathon</li> <li>- 6-days guided Machame Route</li> <li>- 2-days mountain bike marathon with overnight camp in Rongai</li> <li>- Kilimanjaro Marathon with entry package</li> <li>- All entry fees for the competitions</li> <li>- National Park Entry Fee (635 USD)</li> <li>- Food and water during the competition and transport if necessary</li> <li>- Guides, Porter, tents during the climb</li> </ul>
<b>Kili[Bike&amp;Run]</b>	<ul style="list-style-type: none"> <li>- Shuttle bus transfer from Nairobi or private transfer from Kilimanjaro Airport. Arrive in Nairobi before 12h00 in order to make the transfer to Moshi</li> <li>- Overnight at a hotel in Moshi with dinner, bed and continental breakfast included</li> <li>- Pasta dinner before bike marathon and before Kilimanjaro Marathon</li> <li>- 2-days mountain bike marathon with overnight camp in Rongai</li> <li>- Kilimanjaro Marathon with entry package</li> <li>- All entry fees for the competitions</li> <li>- Food and water during the competition and transport if necessary</li> </ul>
<b>Kili[Bike]</b>	<ul style="list-style-type: none"> <li>- Shuttle bus transfer from Nairobi or private transfer from Kilimanjaro Airport. Arrive in Nairobi before 12h00 in order to make the transfer to Moshi</li> <li>- Overnight at a hotel in Moshi with dinner, bed and continental breakfast included</li> <li>- Pasta dinner before bike marathon</li> <li>- 2-days mountain bike marathon with overnight camp</li> <li>- Entry fees for the competition</li> <li>- Food and water during the competition and transport if necessary</li> </ul>
<b>Kili[Climb]</b>	<ul style="list-style-type: none"> <li>- Shuttle bus transfer from Nairobi or private transfer from Kilimanjaro Airport. Arrive in Nairobi before 12h00 in order to make the transfer to Moshi</li> <li>- Overnight at Kilemakaryo Lodge in Moshi with dinner and continental breakfast included</li> <li>- 6-days guided Machame Route</li> <li>- National Park Entry Fee (635 USD, incl. crew)</li> <li>- Food and water during the competition and transport if necessary</li> <li>- Guides, Porter, tents during the climb</li> <li>- First Air Responder Insurance</li> </ul>
<b>Kili[Climb&amp;Run]</b>	<ul style="list-style-type: none"> <li>- Shuttle bus transfer from Nairobi or private transfer from Kilimanjaro Airport. Arrive in Nairobi before 12h00 in order to make the transfer to Moshi</li> <li>- Overnight at Kilemakaryo Lodge in Moshi with dinner and continental breakfast included</li> <li>- Pasta dinner before Kilimanjaro Marathon</li> <li>- 6-days guided Machame Route - Kilimanjaro Marathon with entry package</li> <li>- All entry fees for the competitions</li> <li>- National Park Entry Fee (635 USD, incl. crew)</li> <li>- Food and water during the competition and transport if necessary</li> <li>- Guides, Porter, tents during the climb</li> <li>- First Air Responder Insurance</li> </ul>
<b>Kilimanjaro Marathon</b>	<ul style="list-style-type: none"> <li>- Shuttle bus transfer from Nairobi or private transfer from Kilimanjaro Airport. Arrive in Nairobi before 12h00 in order to make the transfer to Moshi.</li> <li>- Overnight at a hotel in Moshi with dinner, bed and continental breakfast included</li> <li>- Pasta dinner before Kilimanjaro Marathon</li> <li>- Kilimanjaro Marathon with entry package</li> <li>- Food and water during the competition and transport if necessary</li> </ul>

**Not included but necessary:** Flight, visa, travel insurance

**You need:** Bike, helmet, repair kit, your personal power food, basic medical kit, sleeping bag, proper equipment for the mountain

We support you to find a suitable flight.  
Please contact us regarding all questions around KiliMAN!

Your Chagga Tours Team

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